



XCR'19 Round 10 - Tan Relays



Men Div 1

1	ST STEPHENS HARRIERS ATHLETIC CLUB	01:07:45	Jack Davies	10:52	Thomas Thorpe	11:14	Toby O'Brien	11:25
			Kang Nyoak	11:34	James Coleman	11:06	Sean Guiney	11:32
2	BOX HILL ATHLETIC CLUB	01:08:18	Adrian Potter	10:49	Nick Baggot	11:18	Douglas Buckeridge	11:41
			Michael Dowel	11:36	Alexander Ritchie	11:37	Andre Waring	11:14
3	GLENHUNTLY ATHLETIC CLUB	01:09:49	Daniel Hamilton	11:37	Ben Kelly	11:13	Tom McFarlane	11:53
			Edward Marks	11:14	Samuel Toll	11:43	Jack Highnam	12:07
4	MELBOURNE UNIVERSITY ATHLETIC CLUB	01:10:29	Nicholas Earl	11:21	Erik Ueda	11:39	Jonny Earl	12:08
			Caleb Muller	12:01	Frankie Conway	11:35	Charlie Park	11:43
5	WESTERN ATHLETICS	01:11:25	Cody Shanahan	10:58	Liam Cashin	11:24	Daniel Dunstone	12:24
			Callum Drake	12:13	Ethan McMinnee	12:15	Kirk Shanahan	12:09
6	GEELONG REGION	01:11:46	Peter Kerr	11:21	Matt Gunther	11:34	Nicholas Wightman	11:46
			Daniel Gray	12:35	Jarrold McMullen	12:34	Mitchell Thompson	11:54
7	ATHLETICS ESSENDON	01:13:46	Damien Bruneau	12:21	James Wroust	13:36	Aidan Roberts	11:48
			Mason Scott	11:55	Mitchel Brown	12:54	Liam Adams	11:11
8	BALLARAT REGION	01:14:39	Jordan Mayston	12:15	Hein Reimert	12:11	Dean Ryan	12:42
			Cameron Snowden	12:41	Luke Padgham	11:54	Ashley Rogers	12:52
9	DONCASTER ATHLETIC CLUB	01:15:20	Joshua Maisey	11:40	Yuan Chow Lui	11:52	Nathan Down	13:27
			Alastair Christy	11:52	Benjamin Ashkettle	12:07	Mike Rennie	14:20
10	COLLINGWOOD HARRIERS ATHLETIC CLUB	01:17:04	Tim Bryant	11:57	Xavier Meade	12:37	Simon Hanns	12:50
			Steven Simmons	13:09	Michael George	13:10	Lewis Sullivan	13:18

Men Div 2

1	KNOX ATHLETIC CLUB	01:07:21	Jeffrey Riseley	11:04	Tom Fawthorpe	10:55	William Collins	11:23
			Zak Patterson	11:12	Craig Appleby	11:40	James Hansen	11:04
2	APS UNITED	01:11:37	Jordan Williamsz	10:43	Edward Beischer	11:33	Benjamin Beischer	11:59
			Mark Guirguis	12:37	Tom Bowers	12:30	Jean-Philippe Soulie	12:12
3	BENDIGO REGION	01:12:34	Andrew Buchanan	10:54	Nathan Stoate	11:52	Lee McCullagh	13:08
			Kye Jenkyn	12:17	Archie Reid	11:43	Stephen van Rees	12:37
4	MELBOURNE UNIVERSITY ATHLETIC CLUB	01:14:13	Sam Williams	12:26	Samuel Foster	12:00	James Maguire	12:32
			Matthew Connolly	12:35	Zac Newman	11:57	Sunao Korematsu	12:42
5	WESTERN ATHLETICS	01:14:58	Matthew Tonge	11:51	Michael Masseni	12:31	Robert Weitsz	12:29
			Jackson Glover	12:29	Matthew Schaumberg	12:44	Alistair McDonald	12:51
6	DIAMOND VALLEY ATHLETIC CLUB	01:15:25	Tim Logan	11:31	Jack Iltter	11:48	Blake Barnes	13:12
			Grant Morgan	12:34	Cameron Simon	13:06	peter van der kamp	13:11
7	FRANKSTON ATHLETIC CLUB	01:16:01	Jesse Dunsmore	11:34	Peter Dutton	12:11	Sean Whipp	12:08
			Lachie Watson	13:01	Nathan Buschkuehl	13:36	Riley Lovick	13:29
8	GLENHUNTLY ATHLETIC CLUB	01:16:58	David Ceddia	12:17	Toby Rayner	13:24	Patrick Kam	13:10
			Long Nguyen	13:01	Taylor Kearney	12:15	Jack Bullock	12:50
9	MENTONE ATHLETIC CLUB	01:17:28	Michael Kernahan	11:49	Corey Lawson	14:17	Robert Capp	12:44
			Barry Carey	13:11	Francis Dowdle	12:50	Lachie Moorhouse	12:35
10	RICHMOND HARRIERS ATHLETIC CLUB	01:19:20	Michael Johnson	12:44	Aaron Little	13:15	Jonathon Little	13:53
			Aidan Moore	13:35	Tom Werner	13:12	Joji Mori	12:39
11	BOX HILL ATHLETIC CLUB	01:19:24	Michael Vaughan	12:58	Russell Clowes	13:03	Dylan Perera	13:08
			Joshua De Stefanis	12:47	Paul Prentice	13:56	Raymond Chan	13:30
12	KEILOR ST BERNARDS ATHLETIC CLUB	01:19:37	Patrick Matthews	12:43	Jacob Bell	12:15	Damian Hughes	12:17
			Lachlan Yourn	13:51	David Abfalter	14:10	Hussein Abdi	14:18
13	COLLINGWOOD HARRIERS ATHLETIC CLUB	01:25:00	Ryan Lissimore	13:27	William Newland	14:06	Matt Lowth	14:38
			Joshua Debinski	14:19	Paul Creedon	14:53	Liam Werrett	13:36
14	OLD XAVERIANS ATHLETIC CLUB	01:26:55	Peter Chappell	12:08	Mark Buyck	15:48	Pierre Guillon	14:48
			Oliver Prosser-Roberts	15:55	Simon Holt	13:34	David Martini	14:39

Men Div 3

1	VICTORIAN CROSS COUNTRY LEAGUE	01:00:13	Michael Marantelli	11:22	Oscar Robinson	11:22	Matt Grant	12:44
			Daniel Lawlor	12:16	Alex Bacalja	12:27		
2	MORNINGTON PENINSULA ATHLETIC CLUB	01:02:00	Callen Goldsmith	11:21	Liam Ryan-Nicholls	12:04	Joel McGill	13:17
			Jake Stevens	12:27	Ben Griffiths	12:48		
3	ST STEPHENS HARRIERS ATHLETIC CLUB	01:02:03	Timothy Gibney	12:19	Aiden du Buisson	12:41	Xavier Smith	12:10
			Samuel Quirk	11:26	Cameron Clayton	13:25		
4	MELBOURNE UNIVERSITY ATHLETIC CLUB	01:04:41	Nick Montgomery	12:32	Adam Hannah	12:49	Cedric Rouveyrol	12:57
			Jonney Yeates	12:44	Bryn Loneragan	13:36		
5	WILLIAMSTOWN ATHLETIC CLUB	01:05:20	Oscar Dart	11:56	Bayley Camillo	12:36	Charlie Close	13:02
			Stefan Voorham	14:17	Lachlan Welch	13:28		
6	ATHLETICS WAVERLEY	01:06:08	Cillian Jansen	12:48	Matthew Venour	12:43	Reamonn Jansen	14:03
			Jack Brisbane	13:29	Michael Holst	13:03		
7	SOUTH MELBOURNE ATHLETIC CLUB	01:06:55	Mitchell Waring	12:18	Daniel Clarke	13:54	Clovis Mpundu	14:00
			Adronis Ndiokubwayo	13:18	Mitchell Hunt	13:23		
8	ATHLETICS ESSENDON	01:07:26	Bashir Abdinoor	12:43	Lachlan Attard	12:49	Matthew Sostaric	13:28
			Max Taylor	12:49	Zach Mottram	15:36		



XCR'19 Round 10 - Tan Relays



9	YARRA RANGES ATHLETICS	01:07:35	Seamus Dwyer	12:45	James Anderson	13:18	Caleb McInnes	13:28
			Liam Gietzmann	14:24	Dean Tromp	13:38		
10	MALVERN HARRIERS ATHLETIC CLUB	01:09:11	Damien Bertram	13:30	Marcus Boxall	13:39	Samuel Low	14:10
			Neill Leith	13:52	Ben Heys	13:58		
11	ATHLETICS NUNAWADING	01:09:19	Kyle Swan	12:58	Andrew Scott	14:43	Kavin Mirihana	14:20
			Matthew Vernal	14:01	Mark Deslandes	13:16		
12	GLENHUNTLY ATHLETIC CLUB	01:10:02	Geoff Scott	13:38	Declan Murphy	13:23	Chris Winter	12:58
			Simon Bowly	15:22	Han Quach	14:39		
13	COBURG HARRIERS ATHLETIC CLUB	01:10:41	Carl Kennedy	14:50	Javier Tabit	13:55	Chris Moore	14:12
			Andrew Constantinou	14:18	Eric Pritchard	13:24		
14	BOX HILL ATHLETIC CLUB	01:11:12	Kennedy Chen	14:17	Simon St Hill	16:18	Jack Ewison	13:46
			Shane Holt	13:36	Ross Thomas	13:13		
15	TRARALGON HARRIERS ATHLETIC CLUB	01:15:43	Ian Cornthwaite	14:38	Greg Semmler	13:34	Miles Verschuur	14:50
			Anthony Arrowsmith	16:27	Travis White	16:14		

Men Div 4

1	ST KEVIN'S AMATEUR ATHLETIC CLUB	00:57:50	Ben Moynihan	11:25	Sam McEntee	11:09	Luca Di Conza	11:45
			Jonathon Gusman	11:35	Felix Lonergan	11:54		
2	GEELONG REGION	01:06:40	Charles Mayfield	13:12	Dan Wright	13:28	Darren Riviere	14:15
			David Henderson	13:32	Harry Smithers	12:11		
3	MELBOURNE UNIVERSITY ATHLETIC CLUB	01:07:26	Michael Dardis	13:12	Matthew Schepisi	13:15	Daniel Brundel	13:46
			Conor Renouf	13:41	Nick Parkinson	13:29		
4	KNOX ATHLETIC CLUB	01:10:04	Ryan Norman	11:53	Ashton Macdonald	13:02	Alasdair O'Brien	14:08
			Liam Epps	15:56	Jeffrey Wright	15:03		
5	BALLARAT REGION	01:10:26	Thomas Clark	13:10	Leo Goldsbrough	14:52	Dean Watts	16:26
			Joshua Hawkes	12:57	Xavier Rennison	12:58		
6	OLD XAVERIANS ATHLETIC CLUB	01:10:36	Anthony Meek	14:13	Chris Sutton	13:55	Jason Paisley	11:45
			Gabriel Katerelos	15:47	Marc Douez	14:54		
7	SOUTH MELBOURNE ATHLETIC CLUB	01:10:45	Ross Pentland	14:06	James Thai	13:42	Alejandro Stephens	14:36
			Andrew Louey	14:06	Rory Crowley	14:13		
8	APS UNITED	01:11:45	Antony Van Eeten	14:25	Chris Wade	14:20	Chris Papapetrou	14:22
			James Rentschler	15:16	Peter Simm	13:19		
9	VICTORIAN MASTERS ATHLETIC CLUB	01:12:58	Shane Draper	14:08	Peter Cowell	14:30	Pramesh Prasad	14:58
			John Bohm	13:50	John Papworth	15:30		
10	ATHLETICS WAVERLEY	01:13:00	James McEniry	14:52	Glenn Carroll	13:42	Martin Spiteri	13:49
			Trevor Nguyen	14:31	Daniel Spiteri	16:05		
11	MORNINGTON PENINSULA ATHLETIC CLUB	01:17:32	Mehdi Hassani	15:53	Matthew Banks	15:16	Kyle Bird	17:01
			Richard Dawe	15:05	Wil Pratt	14:16		
12	GLENHUNTLY ATHLETIC CLUB	01:24:42	Simon Bull	20:06	Nick van Agtmaal	14:35	Adam Braverman	17:28
			Mike Bryant	17:06	Jian Yen	15:25		
13	MALVERN HARRIERS ATHLETIC CLUB	01:25:03	Martin Lee	14:04	Greg Berti	17:11	Christopher Scully	20:28
			Dan Halliday	15:55	Christopher Burnett	17:23		
DNF	COLLINGWOOD HARRIERS ATHLETIC CLUB		Paul Rothin	15:12	Paul Wallace	14:49	Magnus Michelsson	13:50
			Jensen Key	14:05				

Men Div 5

1	MACCABI ATHLETIC CLUB	00:53:57	Julie Schilberg	13:32	Julien Schulberg	13:01	Shanie Landen	13:24
			Joel Hamilton	13:58				
2	MELBOURNE UNIVERSITY ATHLETIC CLUB	00:54:39	Brian O'Donoghue	13:52	Daniel Sier	13:35	Declan Falls	12:48
			Dustin Biernacki	14:23				
3	IVANHOE HARRIERS ATHLETIC CLUB	00:54:46	David Greig	13:05	Justin Cementon	13:29	Chris Branigan	14:49
			Josh Philip	13:22				
4	DIAMOND VALLEY ATHLETIC CLUB	00:56:53	Damien Cusack	13:48	Jordan Chapman	14:27	Craig Cassidy	14:22
			Dylan Littlejohn	14:15				
5	BENDIGO REGION	00:59:49	Ben Stolz	13:05	Andrew Creer	14:19	Luke Millard	14:04
			Antony Langdon	18:19				
6	WESTERN ATHLETICS	01:00:23	Daniel Sneyders	15:04	Cameron Menadue	14:42	jermal hussen	14:49
			Glenn Evans	15:47				
7	COBURG HARRIERS ATHLETIC CLUB	01:01:14	Thomas Robertson	15:02	David Woods	16:00	Andrew Moore	14:59
			Tony Sacco	15:12				
8	YARRA RANGES ATHLETICS	01:02:17	Graham Coutts	15:00	Bryan Ackerly	16:16	Jamie Strudley	15:18
			Craig Hewitson	15:42				
9	SOUTH MELBOURNE ATHLETIC CLUB	01:02:45	Aaron Murphy	14:35	Rosa Law	17:48	Jonathan Clamp	15:00
			Howard Sharp	15:20				
10	ATHLETICS NUNAWADING	01:03:20	Frank Bertei	14:46	Corey Robinson	14:43	Adam McCann	16:42
			Peter Shanley	17:07				
11	RICHMOND HARRIERS ATHLETIC CLUB	01:03:35	Brad Wood	14:45	Rhys Coleman	14:33	Kevin Spratt	15:48
			Peter Risk	18:27				
12	COLLINGWOOD HARRIERS ATHLETIC CLUB	01:12:43	Andre Maillardet	17:56	Robert Maillardet	20:16	Nicholas Rosa	15:28
			Liam Dell	19:02				



XCR'19 Round 10 - Tan Relays



13	WILLIAMSTOWN ATHLETIC CLUB	01:07:19	John Gray	20:11	Krystal Sharp	15:32	Abbey Goldsworthy	15:55
			Russell Johnson	15:39				
INV	MENTONE ATHLETIC CLUB	00:55:27	Jonathon Sansom-Gower	13:29	Rob Grummitt	14:56	Geordie Hore	12:28
			Bruce Thomas	14:33				
DNF	BOX HILL ATHLETIC CLUB		Andrew Tunne	19:42	Scott Bowman	15:34		

Men Div 6

1	VICTORIAN CROSS COUNTRY LEAGUE	00:55:42	David Page	14:17	Craig Harris	14:05	Julian Harris	13:23
			Matthew Sullivan	13:56				
2	RINGWOOD ATHLETIC CLUB	00:56:46	Scott Benedict	13:05	Lachlan Barrett	14:27	Benjamin Reid	14:07
			Mitchell Graham	15:05				
3	MELBOURNE UNIVERSITY ATHLETIC CLUB	00:57:46	Eric Tian	14:06	MIGUEL GIL GARCIA	14:24	Philip Van Dueren	15:22
			Fabio Ramos Rojo	13:52				
4	KEILOR ST BERNARDS ATHLETIC CLUB	01:03:17	Russell Cram	16:11	Luke Mathews	15:43	John Kondogonis	15:26
			Brian Mathews	15:55				
5	ATHLETICS WAVERLEY	01:07:00	Ernest Lim	14:58	Michael Jansen	16:09	John Evans	17:28
			Nicholas Spiteri	18:25				
6	MORNINGTON PENINSULA ATHLETIC CLUB	01:08:32	Kylah Schuwalow	16:16	Scott McGill	16:33	Sarah Hewett	18:54
			Aisha Baker	16:47				
7	TRARALGON HARRIERS ATHLETIC CLUB	01:10:42	Ian Twite	16:46	Bryan Cake	16:16	Tom Irvine	17:57
			Georgia Callaway	19:41				
INV	ATHLETICS ESSENDON	00:56:06	Mark Carey	14:42	Michael Martello	12:57	Brody Thrum	12:38
			Aaron Heaney	15:47				
INV	GLENHUNTLY ATHLETIC CLUB	01:00:58	Matthew Mahony	14:16	Joel Samsu	14:12	Richard McGuire White	17:01
			Attila Tokai	15:28				
INV	DONCASTER ATHLETIC CLUB	01:04:04	Anthony Paige	13:13	Chris Bramham	17:24	Broch Goopings	16:29
			Michael Gallacher	16:56				
INV	HOBSONS BAY RUNNING CLUB (INV)	01:07:10	Michael Reif	15:50	Michael Slee	19:18	Graeme Dewerson	16:45
			Andrew Scardino	15:15				
DNF	KNOX ATHLETIC CLUB		John Collins	15:30	George Dyer	15:12	Stephen Reid	17:32

Men Div 7

1	ST KEVIN'S AMATEUR ATHLETIC CLUB	00:50:10	Alexander Rowe	11:52	Callum Day	12:21	Tristan Mioni	12:43
			Matthew Robertson	13:13				
2	FRANKSTON ATHLETIC CLUB	00:58:17	Jordan milne	14:04	Taj Sullivan	14:17	Ebony Code	16:26
			Ben Wells	13:29				
3	YARRA RANGES ATHLETICS	00:59:02	Connor Thrall	14:16	Lochie Scully	14:11	Mike Willey	16:09
			Tom Cordier	14:24				
4	MELBOURNE UNIVERSITY ATHLETIC CLUB	00:59:28	Greg Steele	15:39	Alex Hannah	14:27	Eric Tian	15:09
			Alister Perkinson	14:12				
5	VICTORIAN CROSS COUNTRY LEAGUE	01:00:09	Fraser Murray	15:30	Luke Critchley	15:24	Sean Quilty	14:59
			David Spence	14:15				
6	ATHLETICS ESSENDON	01:01:31	Justin McLaren	12:54	Jeffrey Jones	14:19	Malcolm Wellington	16:44
			Geoff Connell	17:32				
7	APS UNITED	01:01:55	Simon Moore	15:23	Zachary Holden	13:40	Andrew Pintar	14:51
			Mark Purvis	17:59				
8	DIAMOND VALLEY ATHLETIC CLUB	01:02:28	Chris Rancie	13:27	Aaron Bourne	16:59	Rob Wendel	16:02
			Damien Clifford	15:58				
9	IVANHOE HARRIERS ATHLETIC CLUB	01:03:00	Vincent Mancuso	14:41	Thomas Hoogenraad	15:12	James Lynch	16:17
			Thomas Heap	16:49				
10	COBURG HARRIERS ATHLETIC CLUB	01:04:15	Luong Dao	15:31	Tim Holloway	16:23	Brennan Fitzpatrick	16:40
			Edwin Cheung	15:39				
11	DIAMOND VALLEY ATHLETIC CLUB	01:06:30	Dylan Marriott	14:08	Greg Luck	19:10	Leigh Murpy	15:57
			Fred Meyrick	17:13				
12	WESTERN ATHLETICS	01:06:36	Stephen Glover	15:43	STEVEN CHUA	17:11	Paul Shanahan	16:30
			Ben Mudie	17:10				
13	MELBOURNE UNIVERSITY ATHLETIC CLUB	01:07:28	Tony Brain	16:31	Allyson O'Brien	16:56	Kate McClure	17:02
			Hamish Beaumont	16:57				
14	VICTORIAN MASTERS ATHLETIC CLUB	01:10:41	Peter White	17:54	Ashley McDowall	17:51	Albin Hess	19:23
			Rob Italia	15:31				
15	IVANHOE HARRIERS ATHLETIC CLUB	01:11:58	Enrico Cementon	17:57	GIANNI MANCUSO	17:37	Christopher Struve	17:47
			David Burke	18:36				
16	ATHLETICS ESSENDON	01:15:20	Neil Stewart	18:12	Peter Stead	19:58	Adrian Fitzgerald	17:27
			Ian Newey	19:42				
17	WESTERN ATHLETICS	01:18:59	Julius Weitsz	18:04	Phillip Dunstone	19:27	Alida Weitsz	20:12
			Joanne Francken	21:15				
INV	ST STEPHENS HARRIERS ATHLETIC CLUB	00:54:03	Ben Sims	14:21	Emil Breidahl	13:51	Kirby Wraith	13:10
			Al Strutt	12:39				



XCR'19 Round 10 - Tan Relays



INV	COBURG HARRIERS ATHLETIC CLUB	00:56:22	Ashley Crowther Matt Johnson	14:08 13:33	Dan McKay	13:35	Tony Cauchi	15:04
INV	ST STEPHENS HARRIERS ATHLETIC CLUB	00:58:34	Lachlan Aspinall Greg Schofield	12:35 14:02	Luke Frazzetto	14:26	Seamus Graham	17:30
INV	RICHMOND HARRIERS ATHLETIC CLUB	00:58:41	Will Quinet Laura Tambakis-Brown	8:47 18:02	Tim Hawkes	14:05	Josh Tambkis	17:45
INV	MACCABI ATHLETIC CLUB	01:03:51	Ashleigh Kamien Adam Bogatin	13:54 15:06	Justin Lederman	18:38	Jared Traub	16:11
INV	OLD XAVERIANS ATHLETIC CLUB	01:05:32	Mark Anderson Alexander O'Callaghan	16:24 16:18	Richard Dickmann	17:21	Cameron Marshall	15:27
INV	COBURG HARRIERS ATHLETIC CLUB	01:07:38	Nicholas Harrap Claudio Todaro	17:18 15:30	Aimee Wee	18:25	Max Ingles	16:24
INV	RICHMOND HARRIERS ATHLETIC CLUB	01:07:49	Tom Harvey Austen Mates	8:16 20:50	Kirsty Farmer	17:17	Pauline Lawrece	21:26
INV	RICHMOND HARRIERS ATHLETIC CLUB	01:15:33	Lea Deiss Conor Markey	16:38 17:08	Michael Cowers	19:19	Anne Mellor	22:26
INV	HOBSONS BAY RUNNING CLUB (INV)	01:23:11	Lorraine Glover Sue Walker	20:36 20:16	Ann Girvin	21:47	Judy McCann	20:32
DNF	ATHLETICS ESSENDON		Matthew Goodger	22:06	David Jones	24:57	Donald McLaren	21:49
DNF	ATHLETICS NUNAWADING		Nicholas Mariniello	17:39	Michael Papp	19:15		
DNF	FRANKSTON ATHLETIC CLUB		Paul Dutton	19:08	Leanne Dunsmore	20:27	Darly Gibbs	19:16
DNF	MALVERN HARRIERS ATHLETIC CLUB		John Dolfini	19:28	Tony Purdy	20:39	Arun	16:30
DNF	MELBOURNE UNIVERSITY ATHLETIC CLUB			42:53		18:06		
DNF	ST KEVIN'S AMATEUR ATHLETIC CLUB		Andrew Thomas	15:03				
DNF	VICTORIAN MASTERS ATHLETIC CLUB		Paul Long	20:03	Levi Draper	18:14		

Men 40+

1	GEELONG REGION	00:38:08	Brett Coleman	12:12	Grant Simpson	12:32	Bradley Fuller	13:22
2	GLENHUNTLY ATHLETIC CLUB	00:38:28	Peter Macknamara	12:57	Mark Thompson	12:30	Julian Kuppler	13:00
3	ATHLETICS WAVERLEY	00:39:12	David Venour	13:03	Rohan Claffey	13:26	Stephen Paine	12:42
4	APS UNITED	00:39:33	Scott Stacey	13:00	Antony Rickards	13:38	Simon Tu	12:54
5	COLLINGWOOD HARRIERS ATHLETIC CLUB	00:40:26	Michael Oke	13:55	Danny Reddan	13:39	Liam Delany	12:50
6	GLENHUNTLY ATHLETIC CLUB	00:43:31	Tony Russo	13:36	Scott Orchard	15:31	Mickael Soussan	14:22
7	DONCASTER ATHLETIC CLUB	00:45:49	Campbell McLennan	14:12	David Firth	14:56	Jason Merrett	16:41
8	OLD XAVERIANS ATHLETIC CLUB	00:48:59	Daniel Vogelpoel	14:21	Sergio Tarzia	19:11	Peter England	15:26
9	GLENHUNTLY ATHLETIC CLUB	00:55:07	Rob Dunbar	18:35	Angelo Portelli	17:31	Lyndon Loader	18:59
INV	DONCASTER ATHLETIC CLUB	00:44:39	Whaddow Niewolt	13:59	Luke Russell	16:06	TREvor Carter	14:33
INV	DONCASTER ATHLETIC CLUB	00:51:22	Will McCombie	16:50	David Blairs	17:26	Ken Montgomery	17:04
INV	COBURG HARRIERS ATHLETIC CLUB	01:13:57	Darren Saffin	16:30	Michael Carney	18:14	Kenneth Carter	39:12

Men 50+

1	GLENHUNTLY ATHLETIC CLUB	00:41:22	Peter Rushen	14:10	Paul Strangio	14:02	Jamie Rossjohn	13:09
2	OLD XAVERIANS ATHLETIC CLUB	00:41:50	Darren Templeton	12:48	Bruce Davie	14:04	Robert Meek	14:57
3	BOX HILL ATHLETIC CLUB	00:43:04	Peter Stefanos	15:00	Christopher O'Connor	15:15	John Meagher	12:48
4	ATHLETICS WAVERLEY	00:43:31	Anthony George	14:03	Michael Harvey	15:50	James Atkinson	13:37
5	GLENHUNTLY ATHLETIC CLUB	00:45:47	Victor Cook	15:22	Paul Wilson	14:14	Michael Ryan	16:10
6	SOUTH MELBOURNE ATHLETIC CLUB	00:46:11	Andrew Ross	14:14	warren mcvean	14:59	Simon Iskenderian	16:57
7	BALLARAT REGION	00:46:53	Russell Fullerton	14:09	Phillip McLennan	15:37	Stephen McLennan	17:05
8	DONCASTER ATHLETIC CLUB	00:46:54	Richard Matison	16:52	Mark Purser	15:04	Roderic De Highden	14:57
9	WESTERN ATHLETICS	00:46:54	Allan Cook	14:18	Adrian Jeffkins	15:55	Tom Devic	16:40
10	MENTONE ATHLETIC CLUB	00:47:29	Sean Williams	13:55	Derek Couper	15:06	Stephen Campbell	18:26
11	MORNINGTON PENINSULA ATHLETIC CLUB	00:53:04	Allan Francis	18:48	John Barker	17:24	Rob Newling	16:50
12	DONCASTER ATHLETIC CLUB	00:53:31	Darryl Kilmartin	17:17	Jim Finch	18:52	Steve Venour	17:21
13	COLLINGWOOD HARRIERS ATHLETIC CLUB	00:54:13	Peter Gaunt	14:57	Jim Hopkins	18:58	Tony Dell	20:17
14	COBURG HARRIERS ATHLETIC CLUB	01:01:27	Charles Clark	20:48	Brian Delaney	21:20	Michael Meaney	19:18
DNF	APS UNITED		Robert Schwerkolt	13:18				

Men 60+

1	WILLIAMSTOWN ATHLETIC CLUB	00:42:13	Eero Keranen	0.67708333	Paul Thomas	16:33	Robert Blue	15:55
2	ATHLETICS NUNAWADING	00:48:10	Norman Marshall	15:25	Steve Vernal	15:45	David Sommers	16:59
3	KEILOR ST BERNARDS ATHLETIC CLUB	00:49:42	Paul Kennedy	17:21	Gregory Moore	16:38	Peter Gaffney	15:42
4	GLENHUNTLY ATHLETIC CLUB	00:54:34	chris Wardlaw	18:37	Len Johnson	18:45	Joseph Murphy	17:11
5	SOUTH MELBOURNE ATHLETIC CLUB	00:56:05	STUART NICOL	20:14	Andrew Kincaid	16:33	Gregory Payne	19:17



XCR'19 Round 10 - Tan Relays



Women Div 1

1	MELBOURNE UNIVERSITY ATHLETIC CLUB	01:06:31	Lisa Weightman	12:15	Sarah Billings	12:29	Linda Wrede	13:45
			Ciara Boyd-Squires Long	13:58	Eleanor Benson	14:01		
2	COLLINGWOOD HARRIERS ATHLETIC CLUB	01:08:01	Tamara Quinn	13:13	Erchana Murray-Bartlett	13:19	Virginia McCormick	13:20
			Simone Maillardet	14:22	Amy Robinson	13:46		
3	GLENHUNTLY ATHLETIC CLUB	01:08:13	Cassie Little	13:44	Anna Saw	13:26	Amelia Aslanides	14:05
			Juliet McBurney	13:26	Rebecca Beagley	13:29		
4	FRANKSTON ATHLETIC CLUB	01:09:12	Gemma Maini	12:56	Rebecca Barry	14:32	Kaitlyn Egan	14:17
			Kate Mason	13:40	Sarah Klein	13:46		
5	BALLARAT REGION	01:12:38	Rhiannon White	14:25	Tahlee VanRoosmalen	15:05	Karia Treweek	13:54
			Sara Tucker	14:03	Eliza Lepair	15:08		
6	KNOX ATHLETIC CLUB	01:12:44	Victoria Skaltsonis	13:34	Kate Seibold	14:16	Karen Barlow	14:31
			Abi Kenny	15:05	Jessica Day	15:17		
7	OLD XAVERIANS ATHLETIC CLUB	01:13:01	Sophie Ryan	14:01	Beata Janetzki	14:16	Alexandra Paterson	14:35
			Hannah Cossins	14:51	Julie Manning	15:16		
8	ATHLETICS ESSENDON	01:13:04	Emelia Eagling-Every	13:58	Janet Daniels	16:32	Lauren Connell	13:59
			Maddison Caulfield	15:32	Charlotte Wilson	13:02		
9	SOUTH MELBOURNE ATHLETIC CLUB	01:14:15	Lauren Cockerell	13:24	Alana Plymin	14:33	Ciara Sullivan	15:20
			Emma Foley	16:21	Simone Brick	14:35		
10	WESTERN ATHLETICS	01:16:40	Nardine Bainbridge	14:21	Sophie McMinimee	14:44	Georgia Muller	16:46
			Claire Hoghart	15:18	Brigitte Sneyders	15:30		

Women Div 2

1	BOX HILL ATHLETIC CLUB	00:55:38	Marie Campton	13:50	Stephanie Kondogonis	14:11	Katherine Foley	14:33
			Courtney Powell	13:02				
2	GEELONG REGION	00:56:46	Brigitte Humphrey	14:01	Rachel Waters	11:29	Sarah Waters	17:20
			Jessica Jason	13:54				
3	DIAMOND VALLEY ATHLETIC CLUB	00:58:57	Jesse Mayne	13:30	Fieke van der kamp	14:15	Jessica Campbell	15:24
			Maryann Murray	15:47				
4	GLENHUNTLY ATHLETIC CLUB	00:59:18	Sharon Firisua	14:32	Stacey Bulger	14:54	Rebecca Kirkham	15:39
			Dana Dekkers	14:11				
5	MENTONE ATHLETIC CLUB	01:00:08	Nicolette Lesberg	13:32	Lindsey Berne	15:42	Jessica Ewart-McTigue	14:46
			Julie Aylward	16:06				
6	YARRA RANGES ATHLETICS	01:00:13	Olivia Twining	14:48	Veida Somerville	15:18	Zoe Sibley	14:52
			Grace Muller	15:13				
7	COLLINGWOOD HARRIERS ATHLETIC CLUB	01:01:52	Alexandra Shinnars	16:12	Cara Foot	14:55	Katie Ward	16:03
			natasha key	14:41				
8	ATHLETICS WAVERLEY	01:05:36	Elizabeth Holst	15:02	Niamh O'Reilly	16:02	Aislinn Jansen	17:20
			Madeline Daws	17:10				
9	MALVERN HARRIERS ATHLETIC CLUB	01:05:50	Amy Hessel	14:31	Lilly Taylor	15:53	Matilda Wolton	18:37
			Claire Lawford	16:47				
10	RICHMOND HARRIERS ATHLETIC CLUB	01:11:31	Ashley Ferrell	16:48	Amy yeo	17:12	Marianne Quigley	19:16
			Kellie Moriyoshi	18:14				
11	KEILOR ST BERNARDS ATHLETIC CLUB	01:14:08	Maria Abfalter	16:40	Hayley Gillingham	20:50	Bianca Share	16:40
			Catherine Matthews	19:57				
12	VICTORIAN MASTERS ATHLETIC CLUB	01:16:36		18:44		16:29		18:52
				22:29				

Women Div 3

1	MELBOURNE UNIVERSITY ATHLETIC CLUB	00:57:27	Chelsea Saw	14:11	Gabriella Springall	14:28	Amy McCormick	14:03
			Chui Ling Goh	14:44				
2	TRARALGON HARRIERS ATHLETIC CLUB	00:58:46	Sarah Lewis	14:38	Kate Sly	14:34	Molly Irvine	14:31
			Molly FitzGerald	15:02				
3	APS UNITED	01:05:16	Heather Danks	16:24	Maeve Brown	16:21	Janice de Vries	16:21
			Rebecca Dutkowski	16:09				
4	GLENHUNTLY ATHLETIC CLUB	01:07:42	Genevieve O'Brien	15:59	Ella Bellarini	15:58	Claire Walpole	16:50
			Kara Gilbert	18:53				
5	COBURG HARRIERS ATHLETIC CLUB	01:11:17	Sophie Ducrou	15:13	Artemis Volou	20:22	Emma Delaney	18:16
			Carlee Blanchard	17:23				
6	ATHLETICS ESSENDON	01:13:23	Danielle Stasinowsky	20:19	Sarah Connell	16:13	Kim Cova	17:36
			Linda Rosa	19:14				
7	MENTONE ATHLETIC CLUB	01:14:00	Kelly Thomas	18:00	Louise Shaw	21:14	Charlotte Adlington	17:33
			Caroline Gavin	17:12				
8	RINGWOOD ATHLETIC CLUB	01:14:28	Anne Lord	17:18	Bethany Ludbrook	18:01	Charlie Martin	19:02
			Coral Farr	20:06				
9	WESTERN ATHLETICS	01:16:02	Talia Roshier	17:26	Janice Hodgart	18:54	Natalie christie	19:18
			Hayley Burke	20:23				
10	ATHLETICS NUNAWADING		Hannah Shanley	17:45	Nicole Pennings	16:51		



XCR'19 Round 10 - Tan Relays



Women Div 4

1	ST STEPHENS HARRIERS ATHLETIC CLUB	00:41:43	Natalie Rule	12:42	Whitney Sharpe	12:20	Stella Anyaogu	16:40
2	DONCASTER ATHLETIC CLUB	00:48:28	Stephanie Larkin	14:56	Jessica O'Keefe	16:25	Maxime Plugge	17:06
3	COLLINGWOOD HARRIERS ATHLETIC CLUB	00:50:36	Anna McKenzie-McHarg	16:25	Jessie Moyses	16:48	Menoly Butler	17:22
4	YARRA RANGES ATHLETICS	00:50:44	Georgia Brock	15:19	Erika Bedy	18:44	Ciara Willey	16:40
5	TRARALGON HARRIERS ATHLETIC CLUB	00:52:13	kay frost	16:24	Anna Cardillo	17:30	Kate Jones	18:19
6	DIAMOND VALLEY ATHLETIC CLUB	00:52:44	Serena Marriott	17:28	Rosalie Morgan	18:39	Merlina Hession	16:36
7	VICTORIAN CROSS COUNTRY LEAGUE	00:56:10	Irene James	17:51	Adina Morrow	17:04	Janine Mckerron	21:14
8	CASEY CARDINIA ATHLETICS	00:58:39	Megan Pratt	22:07	Joanne Pratt	16:05	Holly Webber	20:26
9	ATHLETICS WAVERLEY	01:02:13	Petra Spiteri	19:50	Emily Stokes	18:46	Jay Wright	23:37
DNF	ATHLETICS ESSENDON		Amelia Murphy	20:20	Glenda Morris	22:07		

Women Div 5

1	MELBOURNE UNIVERSITY ATHLETIC CLUB	00:48:47	Pippa Trevella	14:56	Aislinn Prendergast	15:02	Louise Chalwe	18:48
2	DIAMOND VALLEY ATHLETIC CLUB	00:51:25	Maddison Nash	17:07	Shania Murray	16:31	Aylie Cusack	17:46
3	FRANKSTON ATHLETIC CLUB	00:55:24	Chelsey Wells	21:35	Renee Owen	16:55	Lucy Romanoff	16:53
4	COLLINGWOOD HARRIERS ATHLETIC CLUB	00:57:21	Evie ROSA	17:44	Carly Black	19:56	Nadiah Abdulrahim	19:40
INV	ST STEPHENS HARRIERS ATHLETIC CLUB	00:47:19	Emily Bartlett	15:21	Emily Mackintosh	16:28	Sophie Carne	15:29
INV	ST STEPHENS HARRIERS ATHLETIC CLUB	00:49:15	Ava Bennett	16:38	Isabelle Collins	16:07	Milla Gleeson	16:29
INV	DONCASTER ATHLETIC CLUB	00:49:19	Abbey de la Motte	13:42	Kaherine Katsanerianias	14:40	Saffi Kiellerup	20:56
INV	OLD XAVERIANS ATHLETIC CLUB	00:50:12	Monica Clarke	17:01	Savannah Noack	16:59	Emme Richardson	16:11
INV	COBURG HARRIERS ATHLETIC CLUB	00:50:48	Isabelle Warner	16:46	Alyssa Britnell	17:43	Laura Maria Perez	16:19
INV	OLD XAVERIANS ATHLETIC CLUB	00:52:09	Chrisy Bonstelle	17:56	Sarha Costi	16:24	Sophie Fitzgerald	17:48
INV	MALVERN HARRIERS ATHLETIC CLUB	00:53:15	Myai Pham	18:02	Kate Macfarlane	16:31	Frances Rau	18:41
INV	MELBOURNE UNIVERSITY ATHLETIC CLUB	00:55:45	Georgie McWhite	15:57	Phoebe McWhite	22:16	Claire Baxter	17:31
INV	TRARALGON HARRIERS ATHLETIC CLUB	01:00:23	Lauren Cross	19:17	Georgina Pearson	18:07	Helen Whitby	22:58
INV	COBURG HARRIERS ATHLETIC CLUB	01:03:05	Sarah Restuccia	17:58	Tracy Colbert	19:38	Yolanda Shaw	25:28
DNF	APS UNITED		Elinor Williams	17:18				
DNF	ATHLETICS ESSENDON		Kristy Stewart	22:58				
DNF	GLENHUNTLY ATHLETIC CLUB		Anna Ross	17:04	Kellie Macknamara	17:42		
DNF	ST STEPHENS HARRIERS ATHLETIC CLUB		Valentine Chapelotte	14:20	Alice Carter	15:42		
DNF	ST STEPHENS HARRIERS ATHLETIC CLUB		Emma Ochoa	17:44	Julian Baird	17:23		
DNF	YARRA RANGES ATHLETICS		Sarah Love	20:29	Kathryn Clarke	19:28		

Women 40+

1	APS UNITED	00:45:34	Anna Kasapis	13:43	Elisa Mooren	15:45	Anne Martin	16:05
2	BALLARAT REGION	00:45:39	Sarah Watts	14:42	Angela Williams	15:35	Michelle Hawkes	15:21
3	MENTONE ATHLETIC CLUB	00:51:02	Kathryn Whalley	16:54	Sally Morrison	17:20	Leah Taylor	16:47
4	BOX HILL ATHLETIC CLUB	00:53:28	Caitlin Harrison	18:19	Kerry Lyn Putt	17:57	Kaman Ip	17:11
INV	DONCASTER ATHLETIC CLUB	00:58:38	Camilla Niewolt	18:07	Rochelle Hamilton	19:41	Laura McLennon	20:49
INV	DONCASTER ATHLETIC CLUB	01:02:33	Julie Martin	20:18	Mary Catherine Tobin	20:31	Fabris Kym	21:43

Women 50+

1	BENDIGO REGION	00:47:55	Jill Wilkie	15:16	Anne Buckley	16:12	Jo-Anne Russell	16:26
2	BOX HILL ATHLETIC CLUB	00:48:30	June Petrie	15:53	Amanda Harper	16:43	Pia Hunter	15:53
3	MALVERN HARRIERS ATHLETIC CLUB	00:54:36	Nicki Macfarlane	16:43	Linda Barlow	17:22	Caroline Howard	20:30
4	ATHLETICS WAVERLEY	00:55:21	Sally Lim	15:34	Janice Marston	19:21	Jacqueline Mitchell	20:26
5	DONCASTER ATHLETIC CLUB	01:02:10	Colleen Kelly	17:56	shirley collier	21:48	Evelyn Kuys	22:25
6	GLENHUNTLY ATHLETIC CLUB	01:03:17	Kim Nanscawen	23:36	Rozlyn Walker	20:39	Lisa Deramond	19:01

Men U20

1	ST KEVIN'S AMATEUR ATHLETIC CLUB	00:35:38	William Lewis	11:47	Thomas Sellwood	12:06	Tristan Day	11:43
2	MENTONE ATHLETIC CLUB	00:36:37	Nikolaj Djordjevic	11:56	Sam Bunnage	12:07	Xavier Johnson	12:33
3	BOX HILL ATHLETIC CLUB	00:37:52	Jack Stummer	12:57	Darcy Powne	12:37	Joshua McLeod	12:17
4	YARRA RANGES ATHLETICS	00:38:04	James Laven	12:03	Max Savill-Bentley	12:39	Angus Norman	13:21
5	DONCASTER ATHLETIC CLUB	00:39:00	Caleb Sinn	12:14	Oscar OConnor	12:55	Hugh Parrott	13:50

Men U18

1	BALLARAT REGION	00:36:55	Darcy Williams	12:07	Benjamin Stevens	12:41	Ben Ludbrook	12:06
2	KNOX ATHLETIC CLUB	00:37:34	Eric Trinkle	12:14	Benjamin Collins	12:51	Corey Dickson	12:28
3	WESTERN ATHLETICS	00:39:12	Liam Morgan	12:40	Thomas Glover	12:50	Bradley Ganley	13:41
4	MORNINGTON PENINSULA ATHLETIC CLUB	00:40:15	Zachery Dyer	13:48	Lachlan Hodder	12:42	Joshua Yates	13:44
5	GEELONG REGION	00:40:52	Jaron Hobbs	12:33	Jack Ellis	14:40	Oliver Armstrong	13:38
6	DIAMOND VALLEY ATHLETIC CLUB	00:43:40	Caden Murray	12:18	Jarryd Cripps	13:57	Kieran Randall	17:25
7	ATHLETICS ESSENDON	00:44:04	Archie Noakes	12:59	Christian Knox	15:05	Jack Tat	16:00
8	YARRA RANGES ATHLETICS	00:44:29	Liam Russell	14:51	Zachariah Clarke	15:32	Camden Hewitson	14:06
INV	DONCASTER ATHLETIC CLUB	00:45:49	Caleb McLennan	13:57	Ben Harrison	14:25	Josh Kilmartin	17:26

Men U16

1	BALLARAT REGION	00:38:14	Isaac Rossato	12:27	Ben Mornane	12:39	Jack Diamond	13:07
2	GLENHUNTLY ATHLETIC CLUB	00:38:23	Rubin Howard	12:23	Logan Janetzi	12:57	Joshua Francou	13:02
3	BOX HILL ATHLETIC CLUB	00:39:40	Jordan Abbott	12:40	Thomas Diamond	14:17	Izak Bibile	12:42



XCR'19 Round 10 - Tan Relays



4	BENDIGO REGION	00:39:41	Jayden Padgham	12:46	Harrison Boyd	13:38	Logan Tickell	13:16
5	KEILOR ST BERNARDS ATHLETIC CLUB	00:40:04	Elias Kahsay	13:31	Kye Gillingham	13:53	Mitchel Langborne	12:39
6	DIAMOND VALLEY ATHLETIC CLUB	00:40:51	Kane Marriott	12:48	Tyler Murphy	14:18	Flynn Connolly	13:44
7	MORNINGTON PENINSULA ATHLETIC CLUB	00:41:04	Oliver Pratt	13:35	Teddy Banks	14:13	Lawson Duff	13:15
8	KNOX ATHLETIC CLUB	00:41:10	Sydney Smith	14:02	Bradley Hall	13:42	Josh Jensen	13:26
9	COLLINGWOOD HARRIERS ATHLETIC CLUB	00:43:17	Mason Johns	13:47	Guy Fricke	14:40	Oliver Lucas	14:49
10	WESTERN ATHLETICS	00:44:32	Harry Sharma	13:47	Anthony Mosele	14:08	Couper Spies	16:36
11	ATHLETICS ESSENDON	00:45:26	Brodie Andrews	13:50	Dylan Rowbottom	14:27	Sunny Dor	17:07
12	DONCASTER ATHLETIC CLUB	00:46:31	Benjamin Purser	14:31	Liam McLennan	16:38	Remy Williams	15:21
13	BALLARAT REGION	00:46:36	Samuel Pearse	13:50	Alexander Stevens	16:23	Axel Caldow	16:22
INV	MACCABI ATHLETIC CLUB	00:41:40	Brodie Mond	13:50	Eden Cohen	13:52	Jarrood Zuchowski	13:57
INV	GLENHUNTLY ATHLETIC CLUB	00:45:41	Mitchell Pentreath	13:43	Jayen Coader	16:35	Jacob Whiting	15:22
INV	ST STEPHENS HARRIERS ATHLETIC CLUB	00:46:59	Tommy Kluckow	14:26	Lachie Ischia	17:19	Austin Fernando	15:13

Men U14

1	MORNINGTON PENINSULA ATHLETIC CLUB	00:41:32	Jhai Farrar	14:04	Shannon Delaney	14:34	Archie Hewett	12:53
2	BALLARAT REGION	00:42:03	Zac Grainger	14:59	Archie Caldow	13:07	Charlie Chandler	13:57
3	MORNINGTON PENINSULA ATHLETIC CLUB	00:44:30	Brodie Atcheson	13:47	Ocean Shepherd	15:53	Andrew Turver	14:49
4	WESTERN ATHLETICS	00:47:40	Mitchell Roshier	14:43	Kaelen Macaulay	18:03	Matthew Musarra	14:53
INV	GLENHUNTLY ATHLETIC CLUB	00:50:23	Will Orchard	14:10	Noah Portelli	16:41	Will Macknamara	19:30
INV	DONCASTER ATHLETIC CLUB	00:51:15	Luke Carter	15:50	Luke White	15:22	Lewis McLennan	20:02
INV	GLENHUNTLY ATHLETIC CLUB	00:52:14	James Neale	20:59	Sam Merrick	15:09	Andrew Dorrington	16:04
INV	GLENHUNTLY ATHLETIC CLUB	01:00:41	Oscar Merrick	18:12	Joshua Jansen	20:19	Avi Goldwaser	22:08

Women U20

1	GEELONG REGION	00:42:10	Olivia Hobbs	13:48	Rebecca Waters	13:51	Tess Rhodes	14:30
2	DONCASTER ATHLETIC CLUB	00:42:58	Abbey Caldwell	12:54	Jessica Ng	15:23	Alyssa Ramsdale	14:39
3	BOX HILL ATHLETIC CLUB	00:46:04	Breanna Croall	15:14	Christine ASHTON	15:45	Sophie Westcott	15:05
DNF	ATHLETICS ESSENDON		Aimee Jungfer	15:00	Charlotte Jackson	17:30		

Women U18

1	WESTERN ATHLETICS	00:43:35	Ebony Dodemaide	13:22	Mia White	14:42	Janae Mackrell	15:30
2	WILLIAMSTOWN ATHLETIC CLUB	00:44:10	Lucinda Rourke	13:32	Monique Goldsworthy	14:58	Charlotte Drake	15:39
3	DONCASTER ATHLETIC CLUB	00:45:59	Hannah Williams	14:35	Chiara Bakker	16:15	Sanne Bakker	15:08
4	DIAMOND VALLEY ATHLETIC CLUB	00:53:14	Charlotte Holmes	17:01	Kavya Balaji	17:45	Charley Meyrick	18:26
INV	BALLARAT REGION	00:45:14	Mia Lepair	15:05	Eliza Lepair	15:04	Lily Gilbert	15:03

Women U16

1	COBURG HARRIERS ATHLETIC CLUB	00:43:24	Amira Tabit	14:07	Esther Houghton	16:01	Niamh Tabit	13:15
2	WELLINGTON ATHLETIC CLUB	00:43:44	Debbie Husodo	13:38	Ada Hill	15:54	Bianca Croucher	14:12
3	ST KEVIN'S AMATEUR ATHLETIC CLUB	00:43:50	Cleo Richardson	14:12	Ella Tierney	15:29	Bridie Hill	14:08
4	BALLARAT REGION	00:45:25	Georgina Mess	14:13	Kayla Bridges	15:57	Rhianna Watts	15:13
5	SANDRINGHAM ATHLETIC CLUB	00:45:41	Molly Ritchie	14:22	Orla Shackcloth	15:36	Mattie Kremers de Boer	15:42
6	GEELONG REGION	00:45:49	Megan Dickson	14:08	Sarah Dickson	15:57	Rose Mayhew	15:42
7	YARRA RANGES ATHLETICS	00:47:29		14:39		18:07		14:42
8	FRANKSTON ATHLETIC CLUB	00:50:48	Jaimee-Lee Code	13:56	Eliza Hellier-Lovick	17:00	Shalyn Gibbs	19:50
9	KEILOR ST BERNARDS ATHLETIC CLUB	00:51:28	Halle Hughes	16:00	Mischa Monteiro	18:24	Claire Irving	17:03
10	BALLARAT REGION	00:53:58	Gracie lee Egner	15:38	Ashley Rowe	19:56	Alice Lepair	18:23
DNF	ST KEVIN'S AMATEUR ATHLETIC CLUB		Bea Kellock	16:30	Talei Spowart	19:17		
DNF	BOX HILL ATHLETIC CLUB		Kushi Deol	16:04				

Women U14

1	WESTERN ATHLETICS	00:46:00	Elizabeth Hall	15:11	Emily Mifsud	15:53	Ella Vrhovac	14:55
2	DIAMOND VALLEY ATHLETIC CLUB	00:47:18	Matilda L'Estrange	15:34	Ally Brooks	15:25	Tayla BORG	16:18
3	DONCASTER ATHLETIC CLUB	00:47:55	Rachel White	14:49	Grace Wilson	16:48	Darcey Roberts	16:17
4	MORNINGTON PENINSULA ATHLETIC CLUB	00:48:05	Imogen Baker	14:57	Reese Fischer	16:00	Freya Brown	17:07
5	GEELONG REGION	00:48:43	Jasmine Orelli	15:38	Greta Jones	16:50	Sophia Armstrong	16:14
6	WELLINGTON ATHLETIC CLUB	00:52:27	Antje Kempff	19:52	Tillie Buhagiar	15:13	Mia Calleja	17:21
7	DIAMOND VALLEY ATHLETIC CLUB	00:53:31	Felicity Cotter	17:14	Ella Piaia	16:19	Molly Holmes	19:57
DNF	SANDRINGHAM ATHLETIC CLUB		Tacy Kremers de Boer	16:06				