

ROUND 3: CROSS COUNTRY

SATURDAY 26 MAY 2018 CRUDEN FARM

60 Cranbourne Rd, Langwarrin VIC 3910 Melway Ref 103 G6

THE EVENT

Cruden Farm will host the 8km and 12km heritage round. The grounds of Cruden Farm offer athletes a tough and testing course with a mixture of different terrains to accompany the beautiful grounds surrounding the farm.

Cruden Farm is a historic and inspirational venue and will be a great addition to the XCR calendar.

The 2018 event is a great opportunity for Clubs to showcase their heritage and history and we encourage Clubs to do so again this year.

TIME	AGE GROUP	EVENT
12:00pm	Women U14	4km Cross Country
	Men U14	4km Cross Country
12:20pm	Women U16	6km Cross Country
	Women U18	6km Cross Country
	Men U16	6km Cross Country
	Men U20	6km Cross Country
12:50pm	Women Open & Masters	12km Cross Country
	Women U20	8km Cross Country
1:15pm	Men U18	8km Cross Country
1:30pm	Early Starters: For athletes who cannot complete the course within the 90 minute time frame	12km Cross Country
2:05pm	Men Open & Masters	12km Cross Country
2:10pm	Presentations: Individual Awards	All junior events
2:45pm	Presentations: Individual Awards	W Open
3:15pm	Presentations: Individual Awards	M Open

ENTRIES CLOSE: WEDNESDAY 23 MAY 2018, 11:59AM

For entry fees, online entries details and further race information, please refer to page 37.

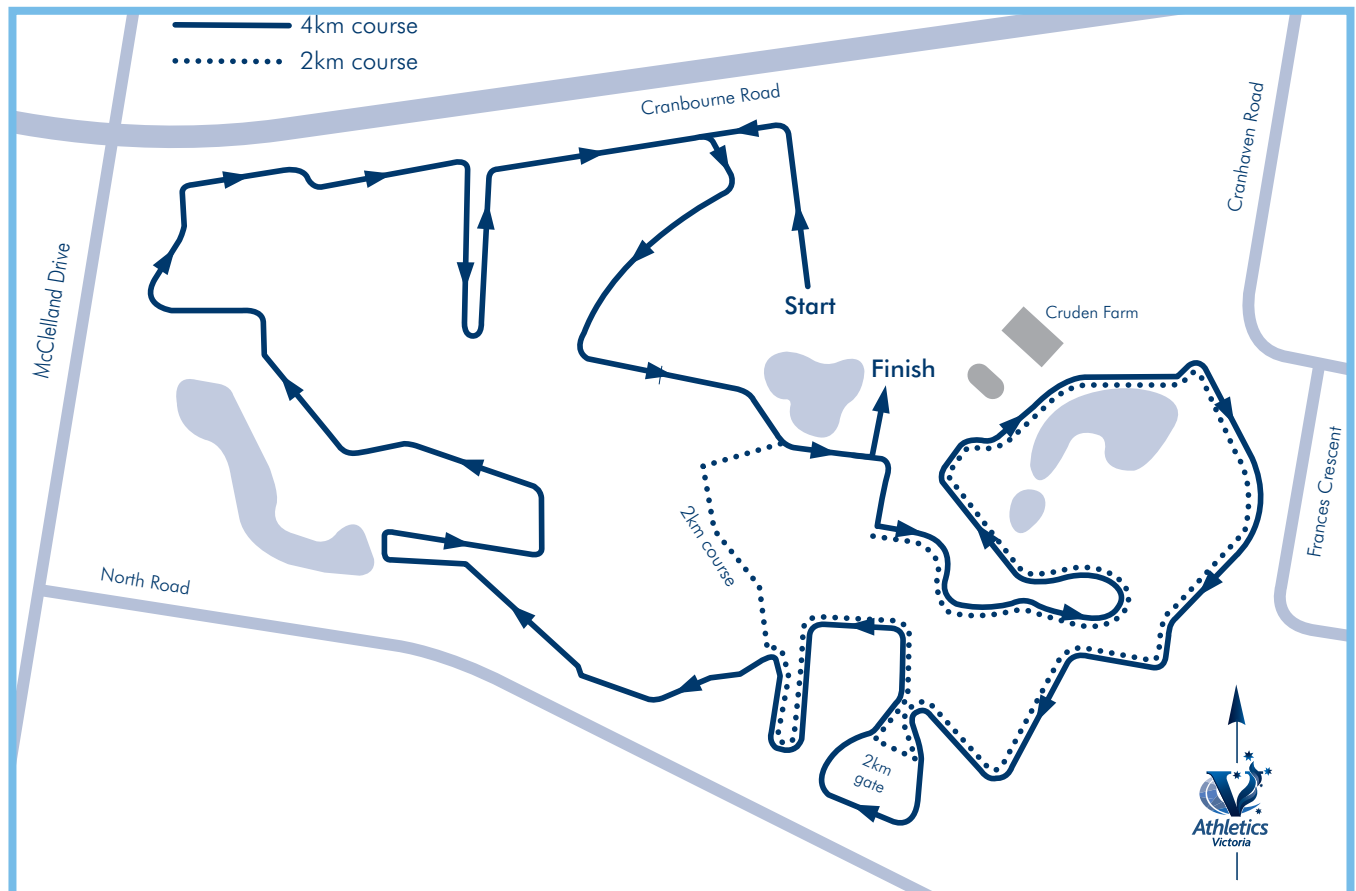
ENQUIRIES:

All enquiries should be directed to xcr@athsvic.org.au or (03) 8646 4500.

PLEASE NOTE – NO LATE ENTRIES OR ENTRIES ON THE DAY WILL BE ACCEPTED

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COURSE MAP



*Please Note that the course maps you see featured in the handbook are confirmed at the start of the season. Athletics Victoria reserve the right to amend, alter or adjust courses if required.

2017 RESULTS – CRUDEN FARM

MEN				WOMEN			
Open	Dejen Gabreselassie	MEN	49:11	Open	Virginia Moloney	COL	27:22
40+	Liam Delany	COL	55:43	40+	Anna Munro	GHY	30:42
45+	Steve Williams	AWA	54:49	45+	Niamh O'Reilly	AWA	33:08
50+	John Meagher	BOH	54:57	50+	Pia Hunter	BOH	34:04
55+	Steven Quirk	VMA	1:01	55+	Laura Campbell	DIV	35:14
60+	Charles Chambers	BER	1:10	60+			
U20	Cody Shanahan	WES	18:40	U20	Amelia Mazza-Downie	ESS	29:30
U18	Andrew Amor	BAR	26:26	U18	Amy Cornell	COL	22:49
U16	Harry Sharp	BAR	19:53	U16	Georgia Laven	YRA	21:44
U14	Thomas Diamond	BOH	13:46	U14	Lucinda Rourke	WTN	14:52