

# ROUND 4: CROSS COUNTRY

## SATURDAY 17 JUNE 2017 BUNDOORA PARK

North off Plenty Rd, turn right after entering. Melway Ref 19 F4

### THE EVENT

Selection Trial for the Australian Cross Country Championships. This bumper day of cross country racing incorporates the Victorian All Schools Cross Country Championships and also serves as the selection trial for the Australian Cross Country Championships. The open and overage men's race covers 10km of the gruelling slopes of Bundoora Park, while the women's race covers 10km. Juniors race over 3km, 4km, 6km or 8km.

TIME	AGE GROUP	EVENT	LAPS		
10:00am	Women U14*	3km Cross Country	1 X 3km	Victorian All Schools Cross Country Championships	
10:20am	Men U14*	3km Cross Country	1 X 3km		
10:40am	Women U15*	4km Cross Country	2 X 2km		
	Women U16*	4km Cross Country	2 X 2km		
11:00am	Men U15*	4km Cross Country	2 X 2km		
	Men U16*	4km Cross Country	2 X 2km		
11:20am	Women U17*	4km Cross Country	2 X 2km		
	Women U18*	4km Cross Country	2 X 2km		
11:45pm	Men U17*	6km Cross Country	1 x 2km, 1 x 4km		
	Men U18*	6km Cross Country	1 x 2km, 1 x 4km		
12:20pm	Women U20*	6km Cross Country	1 x 2km, 1 x 4km		XCR Competition
12:55pm	Men U20*	8km Cross Country	2 X 4km		
1:35pm	Women Open & Masters	10km Cross Country	1 x 2km, 2 x 4km		
2:35pm	Men Open & Masters	10km Cross Country	1 x 2km, 2 x 4km		

\*Victorian All Schools Cross Country Championships (see page 34).

**SCHOOL ENTRIES CLOSE: MONDAY 5 JUNE 2017, 12PM MIDDAY**  
**ENTRIES CLOSE: WEDNESDAY 14 JUNE 2017, 12PM MIDDAY**

For entry fees, online entries details and further race information, please refer to page 37.

### PLEASE NOTE:

Junior age groups are to enter the 2017 Victorian All Schools Cross Country Championships (see page 34).

### ENQUIRIES:

All enquiries should be directed to [xcr@athsvic.org.au](mailto:xcr@athsvic.org.au) or (03) 8646 4500.

### RACE SUPPORTER: PARKS VICTORIA



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PLEASE NOTE – NO LATE ENTRIES OR ENTRIES ON THE DAY WILL BE ACCEPTED

