

# ROUND 1: CROSS COUNTRY RELAY

## SATURDAY 16 APRIL 2016 – JELLS PARK

Waverley Rd, Wheelers Hill (entry Waverley Rd or Ferntree Gully Rd). Melway Ref 71 K6

### THE EVENT

XCR16 gets underway with the Cross Country Relay Championships at Jells Park – one of Melbourne's iconic public parklands. Athletes will start this challenging course heading up towards Jells lake before being set a path that transverses grassland and dense pine forest. Open and Overage competitors will tackle two laps each while Juniors master one lap. The course is great for spectators with several vantage points and is well equipped for parking and other facilities.

TIME	AGE GROUP	EVENT	DIVISION
12:30pm	Women Open	5 x 6km Cross Country Relay	Premier Division
	Women Open	4 x 6km Cross Country Relay	Division 2, 3
	Women Open	3 x 6km Cross Country Relay	Division 4, 5, 40+
	Men Open	6 x 6km Cross Country Relay	Premier Division, Division 2
	Men Open	5 x 6km Cross Country Relay	Division 3, 4
	Men Open	4 x 6km Cross Country Relay	Division 5, 6, 7
	Men Open	3 x 6km Cross Country Relay	Division 40+, 50+
	Men U20	3 x 6km Cross Country Relay	
1:00pm	Women U20	3 x 3km Cross Country Relay	
	Men U18	3 x 3km Cross Country Relay	
	Women U18	3 x 3km Cross Country Relay	
	Men U16	3 x 3km Cross Country Relay	
	Women U16	3 x 3km Cross Country Relay	
	Men U14	3 x 3km Cross Country Relay	
	Women U14	3 x 3km Cross Country Relay	
2:00pm	Presentations	Relay Awards – Junior	W U20, M U20, W U18, M U18, W U16, M U16, W U14, M U14,
2:20pm	Presentations	Relay Awards – Open Divisions & Masters	M 40+, M 50+, W 40+, W Premier, M Premier

### ENTRIES CLOSE: MONDAY 11 APRIL 2016, 12PM MIDDAY

For entry fees, online entries details and further race information, please refer to page 37.

### ENQUIRIES:

All enquiries should be directed to [xcr@athsvic.org.au](mailto:xcr@athsvic.org.au) or (03) 8646 4500.

### RACE SUPPORTER: PARKS VICTORIA

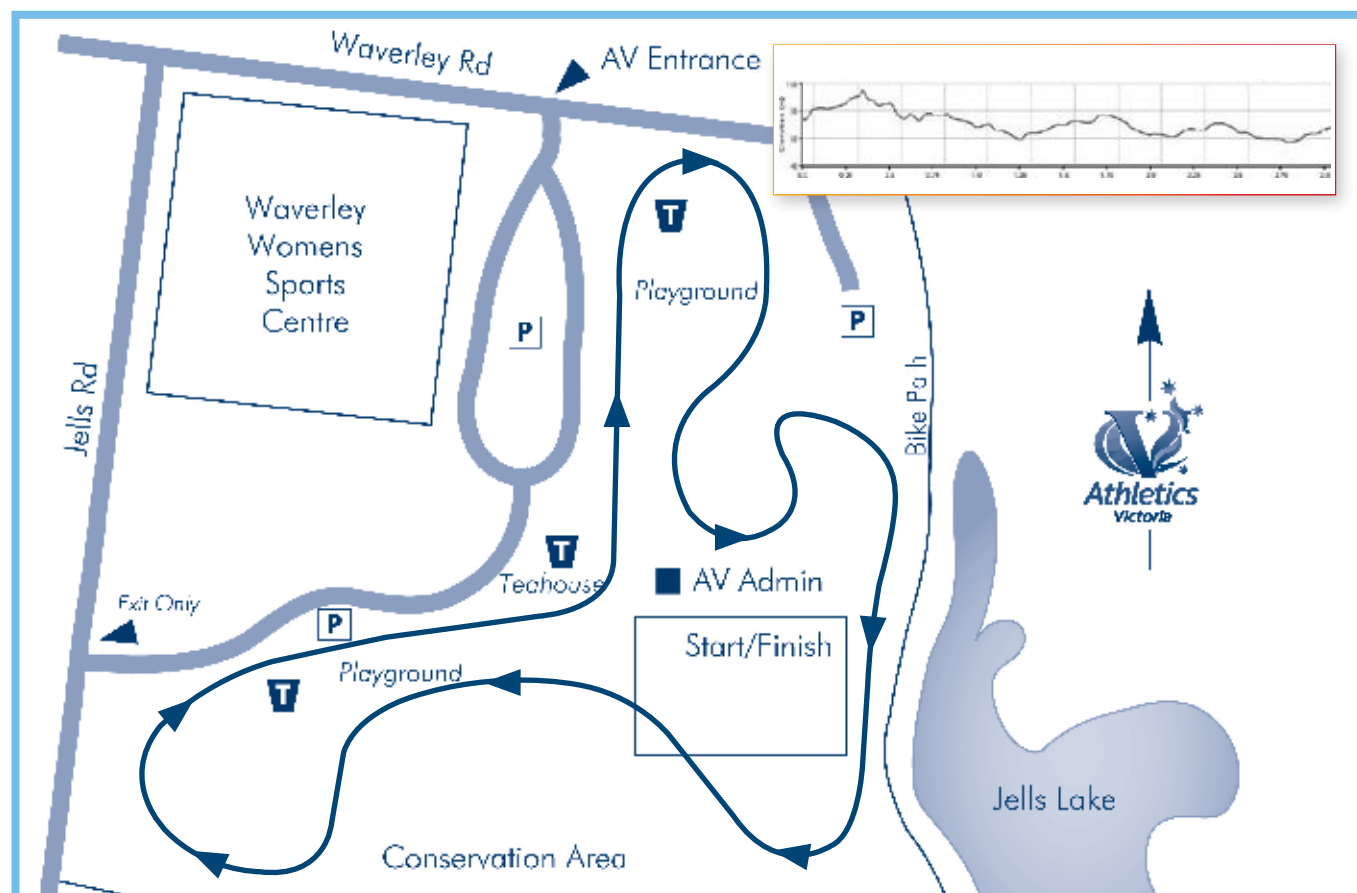


*Healthy Parks  
Healthy People®*

PLEASE NOTE – NO LATE ENTRIES OR ENTRIES ON THE DAY WILL BE ACCEPTED

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## COURSE MAP



### 2015 RESULTS: JELLS PARK

MEN	1ST		2ND		3RD	
Premier Division	Ballarat Region	1.49.55	Knox Athletics	1.55.09	Geelong Region	1.55.27
40+	Aps United	1.04.49	Ballarat Region	1.04.55	Box Hill	1.05.44
50+	Victorian Masters	1.08.40	Ballarat Region	1.10.34	Diamond Valley	1.11.08
U20	Ballarat Region	1.00.44	Knox Athletics #1	1.01.02	Western Athletics	1.01.29
U18	Geelong Region #1	28.54	Box Hill	29.37	Collingwood Har. #1	29.43
U16	Western Athletics	32.14	Diamond Valley #1	32.51	Wellington Aths	32.53
U14	Box Hill	33.28	Western Athletics	33.4	Diamond Valley	33.5
WOMEN	1ST		2ND		3RD	
Premier Division	Glenhuntly	1.50.37	Geelong Region	1.54.18	South Melbourne	1.55.46
40+	Athletics Waverly	1.14.44	Glenhuntly	1.16.14	Box Hill	1.21.34
U20	Essendon Aths #1	33.31	Knox Athletics #1	34.4	Geelong Region	36.1
U18	Essendon Aths #1	31.53	Box Hill #1	34.06	Diamond Valley	36.27
U16	Essendon Aths #1	33.58	Box Hill	34.29	Frankston	35.08
U14	Yarra Ranges	36.03	Collingwood Harriers	36.59	Western Athletics	37.39