

ROUND 8: ANGLESEA EKIDEN RELAY

SATURDAY 6 AUGUST 2016 ANGLESEA

35 Cameron Road, Anglesea, Melway Ref 514 G7

THE EVENT

Ever wanted to compete in a marathon but felt you were not quite up to it? Ekiden is a Japanese term which generally refers to a long-distance relay running race, typically conducted on roads. An Ekiden Relay is commonly held over the marathon distance of 42.195km with teams of runners completing legs of varying distances. The popular Ekiden Relay returns to the XCR calendar in 2016 and will take place on Victoria's iconic Surf Coast in Anglesea.

TIME	DIVISION	BLUE	YELLOW	GREEN	RED	PINK	BLACK	TOTAL
12:30pm	M 2	9.8km	8.8km	7.9km	6.0km	5.2km	4.6km	42.3km
12:35pm	M 3 & 4	9.8km	8.8km	7.9km	6.0km	5.2km		37.7km
12:40pm	M Prem	9.8km	8.8km	7.9km	6.0km	5.2km	4.6km	42.3km
12:40pm	W Prem	9.8km	8.8km		6.0km	5.2km	4.6km	34.4km
12:45pm	M 6 & 7	9.8km	8.8km	7.9km		5.2km		31.7km
12:50pm	W 2 & 3	9.8km		7.9km	6.0km		4.6km	28.3km
12:55pm	M 5	9.8km	8.8km	7.9km		5.2km		31.7km
12:55pm	M 40+ & 50+	9.8km		7.9km		5.2km		22.9km
13:00pm	W 4 & 5		8.8km	7.9km		5.2km		21.9km
13:05pm	W 40+		8.8km		6.0km	5.2km		20.0km
13:05pm	M 20		8.8km	7.9km	6.0km			22.7km
13:10pm	W 20			7.9km	6.0km	5.2km		19.1km
13:15pm	M 16				6.0km	5.2km	4.6km	15.8km
13:15pm	M 14				6.0km	5.2km	4.6km	15.8km
13:20pm	W 18			7.9km	6.0km		4.6km	18.5km
13:25pm	M 18			7.9km	6.0km		4.6km	18.5km
13:30pm	W 16				6.0km	5.2km	4.6km	15.8km
13:30pm	W 14				6.0km	5.2km	4.6km	15.8km

ENTRIES CLOSE: MONDAY 1 AUGUST 2016, 12PM MIDDAY

For entry fees, online entries details and further race information, please refer to page 37.

ENQUIRIES:

All enquiries should be directed to xcr@athsvic.org.au or (03) 8646 4500.

RACE SUPPORTER:

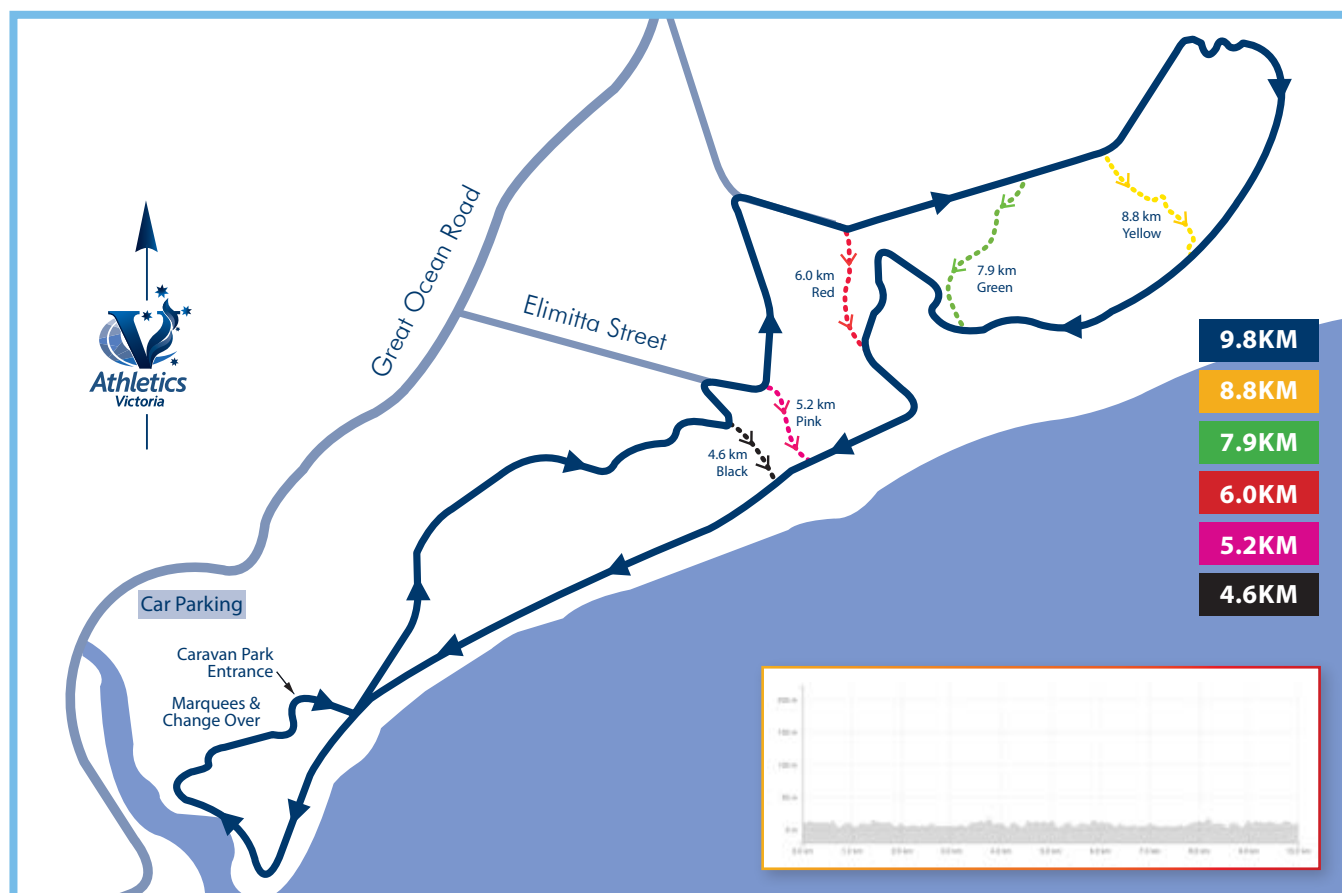
Council and Scout Park, Anglesea Beachfront Family Caravan Park



PLEASE NOTE – NO LATE ENTRIES OR ENTRIES ON THE DAY WILL BE ACCEPTED

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COURSE MAP



*Colour coding may change. Athletes will be advised in advance if change is made.

2015 RESULTS: EKIDEN RELAYS, ANGLESEA

MEN	1ST		2ND		3RD	
Premier Division	Geelong Region	2.20.10	Box Hill	2.20.59	Melbourne Uni	2.22.43
40+	Geelong Region	1.25.44	Aps United	1.33.59	Glenhuntly	1.40.37
50+	Ballarat Region	1.32.15	Box Hill	1.33.08	Diamond Valley	1.33.39
U20	Geelong Region	1.23.32	Diamond Valley	1.26.05	Box Hill	1.39.17
U18	Diamond Valley #1	1.06.50	Glenhuntly	1.09.14	Collingwood Harriers	1.09.56
U16	Ballarat Region	1.01.50	Keilor St Bernards	1.03.15	Diamond Valley	1.03.53
U14	Geelong Region	1.04.13	Western Athletics	1.06.04	Diamond Valley	1.06.54
WOMEN	1ST		2ND		3RD	
Premier Division	Knox Athletics	2.18.04	Glenhuntly	2.18.57	Collingwood Harriers	2.19.59
40+	Athletics Waverley	1.30.58	Box Hill	1.35.46	Glenhuntly	1.42.28
U20	Athletics Essendon	1.29.40	Knox	1.30.17	Williamstown	1.36.0
U18	Athletics Essendon	1.18.22	Geelong Region	1.22.44	-	-
U16	Athletics Essendon	1.07.48	Geelong Region	1.10.24	Collingwood Harriers	1.14.42
U14	Western Athletics	1.13.5	Collingwood Harriers	1.15.05	Diamond Valley	1.22.14