

ROUND 2: CROSS COUNTRY

Saturday 17 May 2014 Lardner Park, Warragul

155 Burnt Store Rd, south of Princes Freeway. Approach from Drouin or Warragul.
Melway Ref X912 U8

THE EVENT

Renowned as a challenging course, Lardner Park presents cross country running at its best. Set amongst the rolling Gippsland pastures, this course involves plenty of hills, ditches and fences to test cross country skills. This event also doubles as the Victorian Country Cross Country Championships.

Time	Age Group	Event
12:30pm	Women U14	2km Cross Country
	Men U14	2km Cross Country
12:40pm	Men U18	4km Cross Country
	Men U20	4km Cross Country
1:00pm	Men U16	3km Cross Country
	Women U16	3km Cross Country
	Women U18	3km Cross Country
	Women U20	3km Cross Country
1:20pm	Men Open & Masters	8km Cross Country
1:25pm	Presentations: Individual Awards	W U14 & U14 Country, M U14 & U14 Country, M U18 & U18 Country, M U20 & U20 Country, M U16 & U16 Country, W U16 & U16 Country, W U18 & U18 Country,
2:00pm	Women Open & Masters	4km Cross Country
2:20pm	Presentations: AV Individual Awards	M Open, M Country Open, M40+, M Country 40+, M45+, M50+, M55+, M60+ W Open, W Country Open, W U20 & U20 Country, W 40+, W Country 40+, W 45+, W50+, W55+

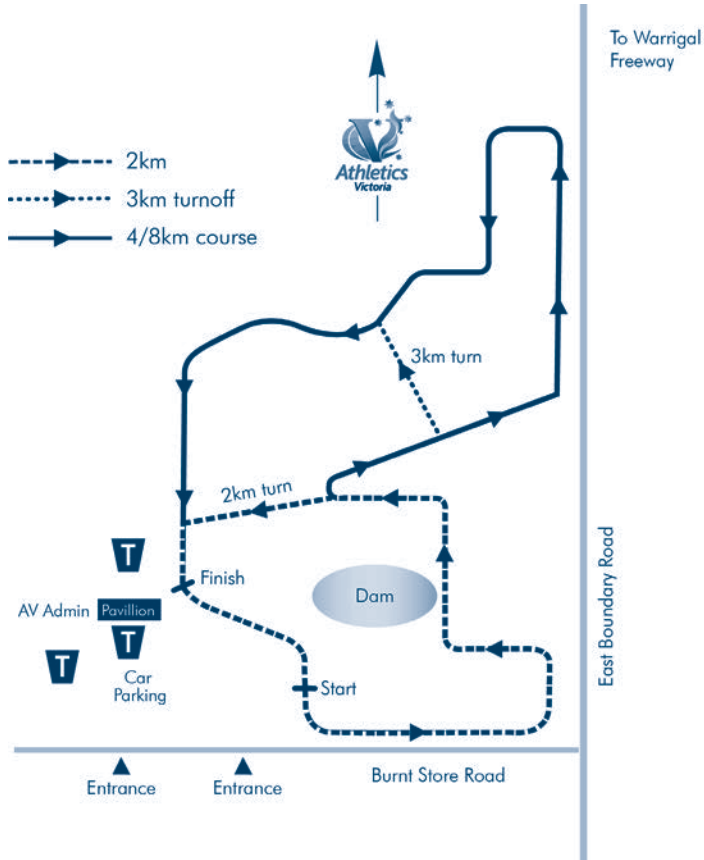
ENTRIES CLOSE: Wednesday 14 May 2014, 12pm

For entry fees, online entries details and further race information, please refer to page 34.

ENQUIRIES

All enquiries should be directed to xcr@athsvic.org.au or (03) 8646 4500.

PLEASE NOTE – NO LATE ENTRIES OR ENTRIES ON THE DAY WILL BE ACCEPTED



2013 RESULTS – LARDNER PARK

Men				Women			
Open	Mitchel Brown	ATE	26:24	Open	Melissa Duncan	KNA	14:21
40+	Craig Semple	GHY	28:25	40+	Bev Thomas	COL	12:28
45+	Paul Wilson	APU	29:29	45+	Susanne Wilson	KNA	17:01
50+	Steven Quirk	VMA	31.04	50+	Margaret Fitzgerald	APU	18:05
55+	Mark Purvis	APU	31.51	55+	Lavinia Petrie	RWD	19.04
60+	Peter Moore	RIC	37.5	60+	-	-	-
U20	Jack Rayner	WES	12:45	U20	Samantha Prime	CCA	11:01
U18	Issac Hockey	GER	13:05	U18	Leah Polycarpou	COB	11:53
U16	Samuel Toll	GHY	10:22	U16	Corrin Demeo	GER	10:43
U14	Matthew Hussey	WES	6:44	U14	Abbey Caldwell	DON	7:16