

Geelong Region Cross Country



ANNOUNCEMENTS, FREE STUFF & PRIZES!

1. New Sponsor - Steampacket Foods

Steampacket Foods has kindly agreed to support the team in one of the best ways possible – through our stomachs! They will be supplying us with much needed post-race sustenance – but you have to be in it to eat it!



2. New Sponsor – The Barking Dog Wine Bar & Café

The Barking Dog has kindly agreed to supply us with 12 x \$40 meal vouchers that will be won at each of the races throughout the season. We will also be having a mid-season social dinner & end of season presentation dinner at the Barking Dog that will both help to raise funds for the team.



3. Garmin 405 to be won!

Hot off the press, a Garmin 405 running watch retailing at \$400 will be won at the presentation evening at the end of the season. Full details will be available on the new website that is hopefully only days away. But the basic requirements to be eligible are that you have competed in at least 50% of the XCR09 races and the more races you have competed at, the greater your chances of winning. There will be bonuses for officiating at races!



4. Patrick Rowan & Associates Accounting Vouchers

The 5 x \$100 accounting vouchers generously donated will be won at 5 of the XCR09 races. Full details will be on the new website. With simple tax returns costing about \$130, that could make for a very cheap tax return this year! Stay tuned for further details.



5. Post-run drinks

We have managed to source cheap Gatorade that can be purchased for \$2 (to cover the costs) after each race. At times there will be other types of drink also available. Officials can always enjoy their \$2 drinks free of charge!



6. Second-hand Geelong Region Uniforms

If anyone has any Geelong Region uniforms (singlets or crop tops) that they would be happy to donate back to the club, please contact Mary MacDonald on athschilwell@yahoo.com. Spare uniforms come in very useful during the season especially for athletes first starting with us.

